



# Health Hub

A guide to services and resources aimed at  
SA Children and Young People

ccyp.com.au

# Services and Resources

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**Legislation and Policy**

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**Please note:** All links to services and resources were correct at the time of publication. Providing these links does not imply any endorsement, non-endorsement, support or commercial gain by the Commissioner.

# Legislation and Policy

## Oversight and Advocacy

### South Australian Commissioner for Children and Young People (CCYP)

The South Australian Commissioner for Children and Young People (CCYP) was established under the *Children and Young People (Oversight and Advocacy Bodies) Act 2016* primarily in response to recommendation 245 of the Child Protection Systems Royal Commission.

The role is informed by the United Nations Convention on the Rights of the Child which sets out fundamental human rights for children and young people.

The CCYP has an important role in promoting and advocating for the rights of all children and young people in South Australia, and in order to fulfil that function has a wide-ranging capacity to inquire, consult, and undertake research into areas related to the rights, development and wellbeing of children and young people at a systemic level.

The CCYP may inquire into matters affecting children and young people at the systemic level (a section 15 inquiry).

Website: [www.ccyp.com.au](http://www.ccyp.com.au)

### Office of the Guardian for Children and Young People, The Training Centre Visitor

The Guardian is appointed to advocate for and promote the rights and best interests of children and young people under the guardianship of the Chief Executive of the Department for Child Protection. The Guardian also performs the functions of The Training Centre Visitor and Child and Young Person's Visitor. (See later entries under Child Protection and Youth Justice).

### The Child Development Council

The Child Development Council (CDC) was established in February 2018 under the *Children and Young People (Oversight and Advocacy Bodies) Act 2016*. One of the Council's key functions was to develop an Outcomes Framework for Children and Young People including a Charter for Children and Young People. The framework enables the CDC to monitor and report on the outcomes of South Australia's children and young people in the areas of health, safety, wellbeing, education and citizenship.

Website: [www.childrensa.gov.au](http://www.childrensa.gov.au)

### The Child Death and Serious Injury Review Committee

The Child Death and Serious Injury Review Committee (CDSIRC) is an independent, statutory body which contributes to the prevention of death and serious injury of South Australian children. It collects and analyses information about these deaths from government agencies, and has reviewed the circumstances and causes of all child deaths in South Australia since 2005. The committee provides recommendations to the Minister for Education about improvements to legislation, policies or administrative issues.

Website: [www.dsirc.sa.gov.au](http://www.dsirc.sa.gov.au)

## Child Safe Environments

Organisations providing services to children and young people in South Australia are required to build and maintain environments that are both child safe and child-friendly. These are environments where children and young people feel respected, valued and encouraged to reach their full potential.

Website: [www.dhs.sa.gov.au/services/community-and-family-services/child-safe-environments](http://www.dhs.sa.gov.au/services/community-and-family-services/child-safe-environments)

### UN Convention on the Rights of the Child – Child Friendly SA Children's Voices Connecting Communities and Implementation Guide

South Australia has developed a framework for giving effect to the UN Convention on the Rights of the Child which has been endorsed by UNICEF Australia for use across Australia. The guide has been designed to support local governments

and community organisations to be child friendly in South Australia. Child Friendly initiatives and frameworks support local governments and communities to give effect to the United Nations Convention on the Rights of the Child and create strong communities that meet the needs of children. UNICEF defines a child friendly city/community as a local system of good governance committed to fulfilling children's rights.

Website: [www.education.sa.gov.au/sites/default/files/child-friendly-implementation-guide.pdf?acsf\\_files\\_redirect](http://www.education.sa.gov.au/sites/default/files/child-friendly-implementation-guide.pdf?acsf_files_redirect)

## Child Protection

The primary legislation concerning child protection is the *Children's Protection Act 1993*, the *Children and Young People (Safety) Act 2017* (the CYPS Act), and the *Children and Young People (Oversight and Advocacy Bodies) Act 2016* (discussed on previous page).

The CYPS Act aims to protect children and young people from harm, and provide for children and young people who are in care. The CYPS Act also contains a broad declaration recognising and acknowledging the role of children in South Australia, their value, the importance of ensuring children and young people have the opportunity to thrive, keeping them safe from harm, enjoying a healthy lifestyle, doing well at all levels of learning and attaining skills for life, and supported to be active citizens who have a voice, choice and influence. The CYPS Act is intended to work in conjunction with the *Children and Young People (Oversight and Advocacy Bodies) Act 2016*.

Website: [www.legislation.sa.gov.au/LZ/C/A/Children%20and%20Young%20People%20\(Safety\)%20Act%202017.aspx](http://www.legislation.sa.gov.au/LZ/C/A/Children%20and%20Young%20People%20(Safety)%20Act%202017.aspx)

### Cyber bullying and e-safety

There are a number of resources developed by the South Australian Department for Education related to e-safety and wellbeing. The Commonwealth Office of the E-Safety Commissioner also has a role in assisting all Australians, including children, to have positive and safe experiences online.

Website: [www.esafety.gov.au](http://www.esafety.gov.au)

Website: [www.education.sa.gov.au/parents-and-families/safety-and-wellbeing/bullying-and-cyberbullying/online-safety-support/online-safety-supporting-safe-and-responsible-use](http://www.education.sa.gov.au/parents-and-families/safety-and-wellbeing/bullying-and-cyberbullying/online-safety-support/online-safety-supporting-safe-and-responsible-use)

### Child and Young Person's Visitor Scheme

The Child and Young Person's Visitor (CYPV) is an independent government role established by Chapter 9 of the *Children and Young People (Safety) Act 2017* (the Act). The Visitor reports to Parliament through the Minister for Child Protection.

The CYPV promotes the best interests of children and young people who are under court orders granting guardianship or custody to the Minister for Child Protection who are living in residential care. The CYPV's powers and functions include conducting visits to and inspections of residential care facilities, communicating with children living in residential care facilities, acting as an advocate on their behalf and promoting their best interests.

Website: [www.gcyp.sa.gov.au/the-child-and-young-persons-visitor](http://www.gcyp.sa.gov.au/the-child-and-young-persons-visitor)

### Family and Community Services Act 1972 and Family and Community Services Regulations 2009

The objective of this broad legislation is to promote the welfare of families and the community in South Australia, including the provision of family and welfare services, support services for children, and delivery of foster care.

Website: [www.legislation.sa.gov.au/LZ/C/A/Family%20and%20Community%20Services%20Act%201972.aspx](http://www.legislation.sa.gov.au/LZ/C/A/Family%20and%20Community%20Services%20Act%201972.aspx)

### Ombudsman SA

The Ombudsman SA, amongst other functions, has a role in investigating complaints about the Department for Child Protection and other state and local government agencies with child protection responsibilities, including conducting audits of these agencies from time to time.

Website: [www.ombudsman.sa.gov.au/make-a-complaint/child-protection-complaints](http://www.ombudsman.sa.gov.au/make-a-complaint/child-protection-complaints)

### South Australian Administrative Appeals Tribunal (SACAT)

The South Australian Administrative Appeals Tribunal (SACAT) has a review jurisdiction under the CPYS Act. This includes decisions about providing information to approved carers and to the child or young person; involving approved carers in the decision-making process about the child or young person concerned and preparing voluntary custody agreements, and with provision for decisions to first be reviewed within the Department for Child Protection before being reviewed by SACAT.

Website: [www.sacat.sa.gov.au](http://www.sacat.sa.gov.au)

## Disability

The National Disability Insurance Scheme (NDIS) is intended to provide support for children and people who have a developmental delay or permanent and significant disability. It is administered by the National Disability Insurance Agency (NDIA). Where a person is a child under the NDIS Act, the best interests of the child are paramount, and full consideration should be given to the need to: protect the child from harm; promote the child's development; and strengthen, preserve and promote positive relationships between the child and the child's parents, family members and other people who are significant in the life of the child.

Under the NDIS Act, a child will be assumed not to be able to do the things required under the Act, and instead these things will be done on behalf of a child by the child's representative (generally, the person, or persons who have parental responsibility for the child). However, in certain circumstances the NDIA can decide that a child can represent themselves for the purposes of the NDIS Act.

Website: [www.ndis.gov.au](http://www.ndis.gov.au)

### Health and the National Disability Insurance Scheme Position Statement

This position statement made by the Royal Australasian College of Physicians, specifically addresses the National Disability Insurance Scheme (NDIS) and its relevance for the health of people living with disabilities. The recommendations contained in this position statement are intended for a broad audience, including physicians and the broader health sector, the National Disability Insurance Agency, governments, disability service providers, and people living with disability and their families and carers.

Website: [https://www.racp.edu.au//docs/default-source/advocacy-library/health-and-the-national-disability-insurance-scheme-position-statement.pdf?sfvrsn=fac2021a\\_6](https://www.racp.edu.au//docs/default-source/advocacy-library/health-and-the-national-disability-insurance-scheme-position-statement.pdf?sfvrsn=fac2021a_6)

### Principles of Inclusion for Children and Students with Disability in Education and Care

These principles were developed to promote equity, access, opportunity and the rights of children and students with disability in education and care as well as provide early childhood education and care centres and schools with broad and consistent criteria for inclusion. The principles have been endorsed by the Department for Education, Catholic Education South Australia and the Association of Independent Schools of South Australia.

Website: [www.education.sa.gov.au/parents-and-families/health-and-disability-support/health-and-disability-programs/principles-inclusion-children-and-students-disability-education-and-care](http://www.education.sa.gov.au/parents-and-families/health-and-disability-support/health-and-disability-programs/principles-inclusion-children-and-students-disability-education-and-care)

## General Health

### Consent to treatment

Consent to treatment can be complicated. Generally, young people over 16 years of age have a right to make decisions in relation to their welfare, including in respect of medical treatment. Doctors have a duty to explain to patients, so far as may be practicable, the nature, consequences and risks of proposed medical treatment. There are exceptions, and also a number of provisions relating to consent to treatment by children under 16 years. The *Consent to Medical Treatment and Palliative Care Act 1995* provides a number of important provisions.

Website: [www.legislation.sa.gov.au/lz/c/a/consent%20to%20medical%20treatment%20and%20palliative%20care%20act%201995.aspx](http://www.legislation.sa.gov.au/lz/c/a/consent%20to%20medical%20treatment%20and%20palliative%20care%20act%201995.aspx)

### Health and Community Services Complaints Commissioner SA

The Health and Community Services Complaints Commissioner is an independent, statutory office established under the *Health and Community Services Complaints Act 2004*.

The main objective of the Act is to improve the quality and safety of health and community services in South Australia through the provision of a fair and independent means for the assessment, conciliation, investigation and resolution of complaints. In addition, the legislation provides a means to identify, investigate and report on systemic issues concerning the delivery of health or community services.

If the health or community service user is a child, they can make the complaint, or if they are 16 years or over, a person appointed by the child to make the complaint on the child's behalf; or if they are under 16 years, a parent or guardian of the child.

Website: [www.hcsc.sa.gov.au](http://www.hcsc.sa.gov.au)



## Inequities in Child Health

Position statement by the Royal Australasian College of Physicians (RACP).

The RACP's position statement on inequities in child health is intended to inform physicians and policy-makers, and support future advocacy work regarding child health inequities.

Website: [https://www.racp.edu.au//docs/default-source/advocacy-library/racp-inequities-in-child-health-position-statement.pdf?sfvrsn=6ceb0b1a\\_6](https://www.racp.edu.au//docs/default-source/advocacy-library/racp-inequities-in-child-health-position-statement.pdf?sfvrsn=6ceb0b1a_6)

## South Australian Health Care Act 2008

The *Health Care Act 2008* enables the provision of an integrated health system and healthcare services. Its guiding principles include that the health system should recognise that Aboriginal and Torres Strait Island peoples have a special heritage and the health system should support values that respect their historical and contemporary cultures; that the planning and provision of health services should take into account the situation and needs of people who live or work in the country or regional areas of the State; and that service providers should seek to engage with the community in the planning and provision of health services.

Website: [www.legislation.sa.gov.au/LZ/C/A/Health%20Care%20Act%202008.aspx](http://www.legislation.sa.gov.au/LZ/C/A/Health%20Care%20Act%202008.aspx)

## South Australian Public Health Act 2011

The object of the *SA Public Health Act 2011* includes promoting the health and well-being of individuals and communities and to prevent disease, medical conditions, injury and disability through a public health approach. This includes protecting individuals and communities from risks to public health, particularly those who live within disadvantaged communities, and to provide for or support policies, strategies, programs and campaigns designed to improve the public health of communities and special or vulnerable groups. Under Part 4 of the Act the Minister must prepare and maintain a State Public Health Plan.

Website: [www.legislation.sa.gov.au/LZ/C/A/South%20Australian%20Public%20Health%20Act%202011.aspx](http://www.legislation.sa.gov.au/LZ/C/A/South%20Australian%20Public%20Health%20Act%202011.aspx)

# Housing

The United Nations Convention on the Rights of the Child outlines that all children have the right to an adequate standard of living that includes a clean environment and a safe place to live. Housing and homelessness services for young people are primarily targeted at those between the ages of 15–25 years. Where the legislation below deals with young people, it is primarily in the form of dependents.

## Renting

The *Residential Tenancies Act 1995* applies to most residential tenancy agreements, with exceptions including caravan parks, boarders and lodgers.

## RentRight SA

RentRight SA offers a specialised service, helping young people through the process of entering independent housing for the first time. The support includes helping young people to identify the right accommodation for their needs, understand the different housing options, clarify tenant rights and responsibilities, how to apply for a rental property, and knowing what is required for ongoing maintenance of a tenancy agreement.

Website: [www.syc.net.au/home/retrightsa/young-people](http://www.syc.net.au/home/retrightsa/young-people)

## Public Housing

Public housing is delivered in South Australia through Housing SA administered via South Australian Housing Authority. Public housing is targeted at people most in need, determined by a range of criteria and is regulated by the *South Australian Housing Trust Act 1995*.

## Community Housing

The Community Housing Council of South Australia (CHCSA) is the Peak Industry Body that represents community housing providers and other not-for-profit housing providers in South Australia. CHCSA provides a range of services and advocates on behalf of members who include organisations and regulated by the *Community Housing Providers (National Law) (South Australia) Act 2013*.

Website: [chcsa.org.au/about-us/what-chcsa-does](http://chcsa.org.au/about-us/what-chcsa-does)

## Homeless Connect SA

Eliminating homelessness is a priority for SA Housing Authority (SAHA) which has implemented 'Our Housing Future 2020 - 2030' a ten year strategy developed following consultation with service providers and the general population to address issues of housing and homelessness in South Australia.

The strategy involves the government working together with the specialist homelessness sector via South Australia's Homelessness Alliance to reform the system so it better meets the needs of people experiencing homelessness. This includes young people who experience homelessness as a result of family conflict or breakdown, leaving out of home care, affordability, and loss of employment. There are also issues of couch surfing, temporary accommodation, and severely over-crowded homes that impact on youth homelessness across South Australia. Reforms include establishment of a centralised Homelessness Services Access Point, which commenced operations on 1 July 2020. Crisis assistance is provided via Homeless Connect SA, which includes specialist youth homelessness services such as Uniting Communities' Trace-A-Place and HYP A Housing - a transitional model designed to support young people exit homelessness for good.

Phone: 1800 003 308

(Homeless Connect SA runs 24/7, every day of the year)

## SA Housing Authority

SA Housing Authority (SAHA) works with the housing and homelessness sector and the broader community to provide better housing choices for South Australians. This includes advocating for improvement and reform of the housing system by increasing the supply of suitable affordable housing; modernising and improving the social housing system; supporting a modern multi-provider system; and establishing an environment that promotes shared responsibility and ownership of the housing challenges we face. SAHA administers Housing Connect and Homeless Connect SA

Website: [www.housing.sa.gov.au/our-housing-future](http://www.housing.sa.gov.au/our-housing-future)

## Law and Order

### Children, Young People and the Law

The Legal Services Commission of South Australia provides information on a range of topics relating to children, young people and the law in its law handbook. See link below. The Commissioner also publishes a number of fact sheets relevant to children and young people. They include information on topics such as bullying at school, discrimination, drugs and the law, graffiti, health, leaving home, sexual assault, taking or defending legal action, gambling, driving, crime and young offenders, to name just a few.

Legal Commission of SA Handbook - Children and Young People:

[www.lawhandbook.sa.gov.au/ch06s01s01.php](http://www.lawhandbook.sa.gov.au/ch06s01s01.php)

Legal Commission of SA - Fact Sheets: [www.lsc.sa.gov.au/cb\\_pages/youth\\_publications.php#YoungPeopleandtheLawFactsheets](http://www.lsc.sa.gov.au/cb_pages/youth_publications.php#YoungPeopleandtheLawFactsheets)

### Civil claims

The Legal Services Commission of South Australia provides information about the rights of children to sue for damages. Children have three years from the date of their 18th birthday to make a claim for compensation. If they are under 18 years, a parent or guardian or other adult can bring the claim on their behalf. Any compensation awarded to a child is held in trust, usually by the Public Trustee, until the child turns 18 years.

Website: [lawhandbook.sa.gov.au/ch14s01s01.php](http://lawhandbook.sa.gov.au/ch14s01s01.php)

### Contract Law for Young People

Children do not have full contracting powers. For a contract to be binding, a minor usually has to agree to be bound by a contract after they turn 18 years. Exceptions to this are goods or services that are usual to their way of life, like food, clothing, a mobile phone, computer, accommodation, medical care, school requirements or sporting goods appropriate to their age and standard of living. A child can also contract for services of instructional or educational benefit, such as sports coaching or learning a musical instrument.

Website: [www.lsc.sa.gov.au/resources/BuyingThingsYoungPeopleFactsheet.pdf](http://www.lsc.sa.gov.au/resources/BuyingThingsYoungPeopleFactsheet.pdf)

### Family conference

Family conferences can be held in certain circumstances to establish a forum for offender/victim mediation. Under the *Young Offenders Act 1993* young people have the right to have their parents, guardians, relatives or support persons attend any hearing they may be required to undertake, as well as have legal representation.

Website: [www.courts.sa.gov.au/OurCourts/YouthCourt/Pages/Family-Conferences.aspx](http://www.courts.sa.gov.au/OurCourts/YouthCourt/Pages/Family-Conferences.aspx)

### Representation in court

The Legal Services Commission of South Australia provides a duty solicitor service in the Youth Court of South Australia to ensure that those appearing in the Court are not disadvantaged or denied access to justice. The duty solicitor at the Youth Court also advises and represents young people in custody who have been refused police bail.

Website: [www.lsc.sa.gov.au](http://www.lsc.sa.gov.au)

### SA Police

There are a number of rights for children and young people where police issue cautions, arrest, bail, remand and custody, with these detailed in the *Young Offenders Act 1993*. Where police question children in relation to an alleged offence children are required to tell police their name and address but do not have to answer questions about the alleged offence.

South Australia's *Youth Justice Administration Act 2016* is a companion piece of legislation to the *Young Offenders Act 1993* (SA).

Website: [www.lawhandbook.sa.gov.au/print/ch06s06.php](http://www.lawhandbook.sa.gov.au/print/ch06s06.php)

### Victims of Crime

Special provisions are made for children in dealing with police, as well as witnesses who are children including ensuring that the interview is recorded and conducted by a prescribed interviewer. A child can apply for compensation for injury caused by a criminal offence as a victim of crime.

Victims of Crime: [www.voc.sa.gov.au/the-crime/helping-a-child-or-young-person](http://www.voc.sa.gov.au/the-crime/helping-a-child-or-young-person)

Interviewing vulnerable witnesses: [www.lawhandbook.sa.gov.au/ch12s13s01.php](http://www.lawhandbook.sa.gov.au/ch12s13s01.php)

### Young Offenders

The object of the *Young Offenders Act 1993* (SA) is to 'secure for youths who offend against the criminal law the care, correction and guidance necessary for their development into responsible and useful members of the community and the proper realisation of their potential'. This objective is always balanced against the need for the community to be protected against violence and wrongful acts.

Website: [www.legislation.sa.gov.au/lz/c/a/young%20offenders%20act%201993.aspx](http://www.legislation.sa.gov.au/lz/c/a/young%20offenders%20act%201993.aspx)

### Youth Justice

The Youth Justice system in South Australia is operated under a legislative framework primarily under the *Youth Justice Administration Act 2016*. It is regulated by this Act and the *Young Offenders Act 1992* (SA) which are designed to work in tandem with each other.

The service delivery model for Youth Justice in SA is oriented towards encouraging young people to take responsibility, whilst recognising that children and young people have specific developmental needs different to those of adults and consequently require a youth justice response.

Website: [www.dhs.sa.gov.au/services/youth-justice](http://www.dhs.sa.gov.au/services/youth-justice)

Website: [www.dhs.sa.gov.au/services/youth-justice/youth-justice-in-sa/legislation](http://www.dhs.sa.gov.au/services/youth-justice/youth-justice-in-sa/legislation)

### Youth Training Centre Visitor

The role of the Training Centre Visitor is undertaken by the Guardian for Children and Young people who has a monitoring and advocacy role to play within Youth Training Centres in South Australia. Functions include: conducting visits and inspections of training centres; promoting the best interests of the residents of the Youth Training Centre; acting as an advocate to promote resolution of issues relating to their care, treatment or control; and inquiring into or providing advice to the Minister for Human Services (SA) regarding systemic improvements.

Website: [www.gcyp.sa.gov.au/the-training-centre-visitor](http://www.gcyp.sa.gov.au/the-training-centre-visitor)

## Mental Health

### Mental Health Strategic Plan SA

South Australia's Mental Health Strategic Plan (Plan) 2017–2022 sets a 20-year vision for mental health and wellbeing in South Australia with strategic directions for the first five years. Short-term objectives of the Plan as they relate to children and young people include: to coordinate and provide strategies and opportunities to build the wellbeing of infants, children and young people with a focus on those who experience disadvantage or vulnerability; to build the capacity of early childhood centres, schools and tertiary institutions to foster and support good mental health, wellbeing and resilience, to support early detection and intervention; and to establish specific support for at-risk young people who are transitioning to adult services, such as children under the Guardianship of the Minister.

Website: [www.samentalhealthcommission.com.au/what-we-do/sa-mental-health-plan](http://www.samentalhealthcommission.com.au/what-we-do/sa-mental-health-plan)

### National Guideline for the Assessment and Diagnosis of Autism Spectrum Disorders

Launched in 2018, the Guideline defines clinical best practice and a new diagnostic standard. It aims to make the practice of assessing and diagnosing autism clearer and more consistent throughout Australia so that individuals and their families receive the best possible care.

Website: [www.autismcrc.com.au/access](http://www.autismcrc.com.au/access)

### Office of the Chief Psychiatrist SA

The Office of the Chief Psychiatrist is primarily responsible for administration of the *Mental Health Act 2009*. The Act applies to children in the same way as to persons of full age, with certain exceptions (detailed below). Guiding principles relevant to children and young people include that:

- mental health services should be governed by comprehensive treatment and care plans that are developed in a multi-disciplinary framework in consultation with the patient
- mental health services should take into account the different developmental stages of infants, children, young people, adults and older persons
- children and young people should be cared for and treated separately from other patients as necessary to enable

the *68 Section 7* care and treatment to be tailored to their different developmental stages and

- the rights, welfare and safety of the children and other dependants of patients should always be considered and protected as far as possible.

Website: [www.chiefpsychiatrist.sa.gov.au/legislation](http://www.chiefpsychiatrist.sa.gov.au/legislation)

### Rights of children and young people receiving mental health care

All patients including children and young people are entitled to have another person's support in the exercise of rights under the *SA Mental Health Act*, or in any communications between the patient and a medical practitioner, and the director or staff of a treatment centre in which the patient is an inpatient. In the case of a child, this support may be provided by a parent or guardian of the patient, a guardian, medical agent, relative, carer or friend of the patient, a person who provides advocacy services whether on a professional or voluntary basis, or a community visitor.

The Office of the Chief Psychiatrist has a number of useful factsheets designed to assist with the use and administration of the *Mental Health Act 2009 SA* covering the rights of people receiving mental health care, including children and young people.

Website: [www.chiefpsychiatrist.sa.gov.au/legislation/mental-health-act/factsheets](http://www.chiefpsychiatrist.sa.gov.au/legislation/mental-health-act/factsheets)

### South Australian Alcohol and Other Drug Strategy

The South Australian Alcohol and Other Drug Strategy 2017–2021 includes as one of its actions to 'implement engagement strategies to increase the number of young people involved in the planning, implementation and evaluation of policy and services' with responsibility for delivery assigned to SA Health.

The strategy is implemented by Drug and Alcohol Services South Australia (DASSA) in partnership with SA Police. DASSA offers a range of prevention, treatment and information services for people with alcohol, tobacco and other drug issues including programs designed specifically to support children and young people.

Website: [www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/resources/south+australian+alcohol+and+other+drug+strategy+2017-2021](http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/resources/south+australian+alcohol+and+other+drug+strategy+2017-2021)

## Youth Treatment Orders

The *Controlled Substances (Youth Treatment Orders) Amendment Act 2019* was passed in Parliament on 21 November 2019 and is awaiting implementation through a preferred model of care still being determined through consultation with the SA community. The Youth Treatment Orders Program is being established to help young people and their families address drug dependency through specialised treatment.

Website: [www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/mental+health+and+drug+and+alcohol+services/drug+and+alcohol+services/dassa+services/youth+treatment+orders](http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/mental+health+and+drug+and+alcohol+services/drug+and+alcohol+services/dassa+services/youth+treatment+orders)

## Suicide Prevention

Suicide is the leading cause of death for South Australians aged 15 to 44 years. Suicide is complex and does not result from one single cause. Suicide prevention is everyone's business.

The South Australian Suicide Prevention Plan 2017- 2021 was developed following public consultation, including online feedback through the South Australian YourSay website. The Prevention Plan identifies three priority areas to prevent suicide in South Australia:

- making people a priority;
- empowering communities; and
- translating evidence into practice.

Website: [www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/publications+and+resources/plans/south+australian+suicide+prevention+plan+2017-2021](http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/publications+and+resources/plans/south+australian+suicide+prevention+plan+2017-2021)

## Training and Employment

### Employment

There are no specific child labour laws in South Australia, and no minimum age for working. However it is unlawful to employ a child of compulsory education age during the hours in which they are required to attend school, or employ them in work that would make them unfit to attend school or to obtain proper benefit from attending.

Industrial awards may have restrictions on the kind of work that can be done by a person under 18 years of age, or have different rates of pay for their employment. Children and young people may also participate in apprenticeships and traineeships before they turn 18 years. To do this, a parent or guardian must sign the training contract. The Commonwealth Fair Work Ombudsman provides a number of resources for young workers and their employers and provides an avenue for complaints.

Website: [www.fairwork.gov.au](http://www.fairwork.gov.au)

### Equal Opportunity

The *Equal Opportunity Act 1984* prohibits discrimination in employment on the grounds of age, sex, sexuality, marital status, pregnancy, race or physical and intellectual impairment. Complaints in this area are made to the Commissioner for Equal Opportunity.

Website: [www.legislation.sa.gov.au/lz/c/a/equal%20opportunity%20act%201984.aspx](http://www.legislation.sa.gov.au/lz/c/a/equal%20opportunity%20act%201984.aspx)

### Traineeships and Apprenticeships

Students can complete a Vocational Education and Training qualification at school, do units from a qualification which goes towards their South Australian Certificate of Education (SACE) and post-school training, or undertake an apprenticeship. The South Australian Office of the Training Advocate has a primary role in advising the State Government on ways to improve the training system, including for children and young people. Trainees and apprentices can also access support through the South Australian Employment Tribunal. The *Skills Development Act 2008* regulates higher education, vocational education and training, adult community education, and education services for overseas students. The Act also led to establishment of the Training and Skills Commission and the Training Advocate.

Website: [www.legislation.sa.gov.au/LZ/C/A/South%20Australian%20Skills%20Act%202008.aspx](http://www.legislation.sa.gov.au/LZ/C/A/South%20Australian%20Skills%20Act%202008.aspx)

# Services and Resources

## ABORIGINAL

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### ABORIGINAL SERVICES

#### Aboriginal Legal Rights Movement

The Aboriginal Legal Rights Movement (ALRM) provides justice without prejudice to Aboriginal people living in South Australia. Staff assist with matters including family law, criminal law, stolen generation compensation claims, and money issues.

Contact: 1800 643 222 Website: [www.alrm.org.au](http://www.alrm.org.au)

#### Nunkawarrin Yunti (Aboriginal Health Service)

Provides a diverse range of services and programs within the Adelaide metropolitan region of South Australia dedicated to improving the physical, social and emotional wellbeing, spiritual, cultural and mental health of traditional, rural and urban Aboriginal and Torres Strait Islander people.

Website: [www.nunku.org.au](http://www.nunku.org.au)

#### Reconciliation SA

Reconciliation SA is a not-for-profit community and member-based organisation dedicated toward creating a society free from prejudice, discrimination and racism - one that understands, values and actively supports the inclusion of First Nations people in all aspects of life within South Australia'. It works to achieve this through Five Dimensions of Reconciliation: Institutional Integrity, Equality and Equity, Race Relations, Unity and Historical Acceptance.

Website: [www.reconciliationsa.org.au/our-values-and-strategic-focus](http://www.reconciliationsa.org.au/our-values-and-strategic-focus)

# ADVOCACY

## ABORIGINAL RESOURCES

### Australian Indigenous Doctors Association Cultural Safety Toolkit

The Australian Indigenous Doctors Association has a range of resources to support cultural safety within healthcare settings, including a cultural safety toolkit.

Website: [www.aida.org.au/our-work/cultural-safety](http://www.aida.org.au/our-work/cultural-safety)

### Young Deadly Free

Young Deadly Free is a website offering a range of resources on sexually transmitted infections (STIs) and blood borne viruses (BBVs) developed specifically for Aboriginal and Torres Strait Islander young people living in remote communities across Australia. Developed by SAMHRI in consultation with the project consortia and with input from participating communities the resources are delivered in partnership with Aboriginal Community Controlled Health Services and their affiliates.

Website: [www.youngdeadlyfree.org.au/about-us/the-remote-sti-and-bbv-project](http://www.youngdeadlyfree.org.au/about-us/the-remote-sti-and-bbv-project)

## ADVOCACY SERVICES

### Consumers Health Forum

The Consumers Health Forum has developed Be Health Aware as part of their advocacy of health literacy as a central element of consumer-centred health care. Evidence shows best health outcomes significantly rely on an informed and engaged patient and consumer.

Website: [www.chf.org.au/be-health-aware](http://www.chf.org.au/be-health-aware)

### Multicultural Communities Council of SA

The Multicultural Communities Council of SA supports and advocates for all people from culturally and linguistically diverse (CALD) backgrounds to realise their potential as active contributors to the economic, social and cultural life of South Australia.

The MCCSA website includes health information in translation.

Website: [www.mccsa.org.au](http://www.mccsa.org.au)

### SA Commissioner for Aboriginal Children and Young People

The SA Commissioner for Aboriginal Children and Young People promotes and advocates for the rights, interests and well-being of Aboriginal children and young people in South Australia.

Website: [www.cacyp.com.au](http://www.cacyp.com.au)

### SA Commissioner for Children and Young People

The Commissioner for Children and Young People is an independent statutory office in South Australia, advocating for the rights, development and well-being of children and young people.

Website: [www.cryp.com.au](http://www.cryp.com.au)

# ADVOCACY

## SA Legal Services Commission

The South Australian Legal Services Commission provides legal advice and community legal education and representation for those who are most in need but unable to pay.

For free legal advice of a general nature, call 1300 366 424 Monday to Friday between 9am and 4.30pm.

Website: [www.lsc.sa.gov.au](http://www.lsc.sa.gov.au)

## Youth Affairs Council of South Australia (YACSA)

The Youth Affairs Council of South Australia (YACSA) is a peak body that represents the interests of young people, youth sector workers, organisations and networks throughout the non-government youth sector.

Website: [www.yacsa.com.au](http://www.yacsa.com.au)

## Youth Law Australia

Youth Law Australia provides free, confidential legal information and help for young people under 25 years.

Website: [www.yla.org.au](http://www.yla.org.au)

## ADVOCACY RESOURCES

### SA Legal Services Commission Law Handbook

The Law Handbook provides a range of information on children and young people and the law, including parental rights and duties, the protection of children and young people, bullying, education, young offenders, and the rights of children and young people.

Website: [www.lawhandbook.sa.gov.au/ch06s01.php](http://www.lawhandbook.sa.gov.au/ch06s01.php)

### Trust is a Must – What does it take to be child friendly and child safe?

A guide from the SA Commissioner for Children and Young People on creating child safe environments, as required by legislation, and with feedback and recommendations from SA young people.

Download: [www.ccyp.com.au/wp-content/uploads/2022/01/Trust-is-a-Must-What-Does-it-Take-to-Be-Child-Friendly-and-Child-Safe.pdf](http://www.ccyp.com.au/wp-content/uploads/2022/01/Trust-is-a-Must-What-Does-it-Take-to-Be-Child-Friendly-and-Child-Safe.pdf)

### Youth Health Forum

The Youth Health Forum is a network of over eighty young leaders from across Australia who work together to determine and champion youth perspectives on the current health system. Youth Health Forum members are aged 18 – 30 and use the health and social care system or represent people who do. Their views highlight key areas that will help shape the health of Australians in the future based on their lived experience.

Website: [www.chf.org.au/youth-health-forum](http://www.chf.org.au/youth-health-forum)



# ALCOHOL AND OTHER DRUGS

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## ALCOHOL AND OTHER DRUG SUPPORT SERVICES

### Alcohol and Drug Information Service (ADIS)

ADIS is a confidential telephone counselling, information and referral service for the general public, concerned family and friends, students and health professionals. The service is run by Drug and Alcohol Services South Australia. ADIS is staffed by trained professionals with experience in the alcohol and other drug field. ADIS also provides information about how to access other services including information about available prescribers and pharmacies.

Phone: 1300 13 1340

For confidential telephone counselling, information and the referral service (SA callers only - local call fee) any day between 8:30am and 10:00pm.

Trained Counsellors can also be contacted online 24/7 at [www.knowyouroptions.sa.gov.au/request-a-call-or-email](http://www.knowyouroptions.sa.gov.au/request-a-call-or-email)

Website: [www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/mental+health+and+drug+and+alcohol+services/drug+and+alcohol+services/dassa+services/alcohol+and+drug+information+service+adis](http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/mental+health+and+drug+and+alcohol+services/drug+and+alcohol+services/dassa+services/alcohol+and+drug+information+service+adis)

### Centacare Drug & Alcohol Service

Centacare Drug and Alcohol Service (CDAS) offers a range of support and recovery opportunities for individuals living with substance use, and their family and friends who may be supporting them.

Website: [www.centacare.org.au/service/drug-alcohol-service](http://www.centacare.org.au/service/drug-alcohol-service)

### Know Your Options

Know Your Options is a comprehensive Service Directory listing services throughout South Australia. The directory is managed by the Alcohol and Drug Information Service (ADIS) in partnership with the SA Network of Drug and Alcohol Services (SANDAS) and SA Government.

Website: [www.knowyouroptions.sa.gov.au](http://www.knowyouroptions.sa.gov.au)

### Streetlink Youth Health Service (Uniting Communities)

Health and medical support to young people aged 12 to 25. Provides support to young people and their families, including counselling about alcohol and other drugs.

Website: [www.unitingcommunities.org/service/counselling/alcohol-and-other-drugs/streetlink-youth-health-service](http://www.unitingcommunities.org/service/counselling/alcohol-and-other-drugs/streetlink-youth-health-service)

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## ALCOHOL AND OTHER DRUG SUPPORT RESOURCES

### FASD Hub

The FASD Hub provides information on Fetal Alcohol Spectrum Disorder (FASD) for Australian health professionals, service providers, researchers, parents and carers, and others.

Website: [www.fasdhub.org.au](http://www.fasdhub.org.au)

### The South Australian Network of Drug and Alcohol Services (SANDAS)

The South Australian Network of Drug and Alcohol Services (SANDAS) was established in 2004, to enhance community wellbeing and reduce the harms associated with alcohol and drug use. As the peak body, SANDAS provides independent, state-wide representation, advocacy and support for non-government organisations working in the alcohol and other drug sector, through networking and policy development. SANDAS is a not-for-profit association funded by membership contributions, the Australian Government Department of Health, Drug and Alcohol Services of South Australia, the South Australian Department of Health, and a range of other organisations on a project basis.

Website: [www.sandas.org.au](http://www.sandas.org.au)

# BULLYING

## BULLYING RESOURCES

### Bullying Fact Sheets for Schools, Parents, Sporting Clubs

Commissioner for Children and Young People SA has produced a range of Guides and Fact Sheets that summarise children and young people's ideas on how to prevent bullying including their interest to get involved in anti-bullying programs and learning skills that build friendships. The suite of four fact sheets contain information that children and young people want their parents, teachers, and coaches to know about how they believe bullying can be prevented, as well as ways in which they think anti-bullying strategies would be best implemented at home, at school, and in sport and other recreational environments.

Website: [www.cryp.com.au/guides-and-fact-sheets](http://www.cryp.com.au/guides-and-fact-sheets)

### Bullying. No Way!

Bullying. No Way! is designed to provide parents and children with access to information about bullying, harassment, discrimination and violence in schools. It contains a mix of games, art, stories, forums, advice and facts about bullying, including cyber bullying.

Website: [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

### Equal Opportunity 4 Schools

Equal Opportunity 4 Schools lists information for students and teachers about discrimination, bullying and sexual harassment.

Website: [www.eoc.sa.gov.au/eo4schools](http://www.eoc.sa.gov.au/eo4schools)

### National Centre Against Bullying

The National Centre Against Bullying is an independent not-for-profit organisation established in 2002 by the Alannah & Madeline Foundation. NCAB comprises volunteer experts and two associate members who work closely with school communities, government, and industry. The NCAB website provides examples of different types of bullying, advice on cyber-safety and information about what to do if a person knows someone who is being bullied but is not sure how to help or support them.

Website: [www.ncab.org.au/bullying](http://www.ncab.org.au/bullying)

### Our Watch

Our Watch presents information on what makes a relationship respectful aimed at primary and secondary school students. It aims to increase young people's knowledge about what a respectful relationships looks and feels like, including communication, trust and consideration for others in developing and maintaining healthy relationships.

Website: [www.education.ourwatch.org.au/resource/the-line-love-is-respect](http://www.education.ourwatch.org.au/resource/the-line-love-is-respect)

### South Australian Bullying Prevention Strategy

Connected - A community approach to bullying prevention with the school gates and beyond is the State Government's overarching strategy for the prevention of peer-to-peer bullying. The strategy is underpinned by the Australian Student Wellbeing Framework. The strategy provides key principles for action on bullying and how these can be implemented in learning environments, connecting educators with partners beyond the school gates to build collective capacity.

Website: [www.education.sa.gov.au/department/strategies-and-plans/bullying-prevention-strategy-community-approach](http://www.education.sa.gov.au/department/strategies-and-plans/bullying-prevention-strategy-community-approach)

# CHILD PROTECTION

## CHILD PROTECTION SERVICES

### Child Abuse Report Line (CARL) – 13 14 78

Child Abuse Report Line is a report line operated by the SA Department for Child Protection. If you have serious concerns or suspect a case of child abuse or neglect please call CARL, operating 24 hours a day, seven days a week. Serious concerns include when you suspect a child or infant is in imminent or immediate danger of serious harm, serious injury, chronic neglect, or when a child is in care of the department and you suspect they are being abused or neglected.

- Where you believe a child is in imminent or immediate danger call Emergency on 000
- Where you have serious concerns about a child's wellbeing call CARL on 13 14 78
- For non-urgent police assistance call 131 444

### Child Protection Service – Flinders Medical Centre

The Child Protection Service located at Flinders Medical Centre aims to provide specialist assessment and therapeutic services to infants, children and young people from birth to 18 years and their families, where there are concerns about child abuse, psychological maltreatment and/or neglect.

The services are available to families residing within the southern metropolitan areas of Adelaide and southern South Australia. The CPS provides a telephone consultation service to professionals and members of the public to discuss child protection matters, provide information and advice and where appropriate facilitate referrals to other services.

Contact: During Business Hours (Monday to Friday between 9am and 5pm) phone CPS on (08) 8204 5485 and ask for the Duty Manager. After Hours Emergency phone the Flinders Medical Centre Switchboard (08) 8204 551 and ask for the CPS.

### Department of Child Protection (DCP)

The primary objective of the Department for Child Protection is to care for and protect children and young people by working together with key partners and the wider South Australian community to address abuse and neglect, and to keep children and young people safe from further harm.

Website: [www.childprotection.sa.gov.au](http://www.childprotection.sa.gov.au)

### Grandparents for Grandchildren (GFGSA)

Grandparents for Grandchildren is a voluntary not-for-profit organisation formed to raise awareness of the social justice issues associated with the increasing demands grandparents raising grandchildren face, within the community and across all levels of government. GFGSA offers information and support services designed to provide grandparents with every opportunity to have access to and/or care of their grandchildren. They are committed to enhancing the welfare of children at risk or in crisis, to enable them to live within a safe, loving, healthy and supportive environment.

Website: [www.gfgsa.com.au](http://www.gfgsa.com.au)

### Office of the Guardian for Children and Young People (GCYP)

The Office of the Guardian for Children and Young People (GCYP) is appointed by the South Australian government to advocate for and promote the rights and best interests of South Australian children and young people who come under the guardianship of the Chief Executive of the Department for Child Protection.

Website: [www.gcyp.sa.gov.au](http://www.gcyp.sa.gov.au)

# CHILD PROTECTION

## CHILD PROTECTION RESOURCES

### Department of Child Protection – Who can say OK?

A quick guide to decision-making for carers who have been allocated parental responsibilities, and are accountable for making many of the day-to-day decisions about a child in care.

Website: [www.childprotection.sa.gov.au/carers/who-can-say-ok](http://www.childprotection.sa.gov.au/carers/who-can-say-ok)

# DISABILITY

## DISABILITY SERVICES

### Communication Rights Australia

Communication Rights Australia works to eliminate barriers that prevent people with communication support needs from expressing their thoughts and having control over their lives. It has information about how your practice can communicate with patients who have communication impairments.

Website: [www.communicationrights.org.au](http://www.communicationrights.org.au)

### Disability Advocacy Complaint Service SA (DACSSA)

The Disability Advocacy Complaint Service of South Australia (DACSSA) provides individual and systemic advocacy to people living with disability, their families and carers in South Australia. Many of the DACSSA team members have direct, lived experience of disability.

Phone: (08) 8297 3500 Website: [www.dacssa.org.au](http://www.dacssa.org.au)

### National Disability Insurance Scheme (NDIS)

With over 4.3 million Australians living with a disability the NDIS aims to provide information and connections to services in local communities and can improve skills and independence over time. The NDIS provides support to eligible people with intellectual, physical, sensory, cognitive and psychosocial disability. Early intervention supports can also be provided for eligible people with disability or children with developmental delay. These NDIS aims to connect people with disability to doctors, sporting clubs, support groups, libraries and schools, arts and theatre groups, as well as to information about what support is made available by each state and territory government.

Website: [www.ndis.gov.au/understanding/ndis-each-state/south-australia](http://www.ndis.gov.au/understanding/ndis-each-state/south-australia)

### Tutti Arts

Tutti Arts Inc. is South Australia's only multi arts organisation where artists with a disability create visual art, theatre, music, dance, film, digital media and installations. Established in 1997, Tutti Arts is a registered NDIS provider, meaning NDIS funding can be used to access a Tutti program whether a plan is agency-managed, plan-managed or self-managed. Tutti Arts delivers programs to more than 200 artists every week.

Website: [www.tutti.org.au/ndis](http://www.tutti.org.au/ndis)

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## DISABILITY RESOURCES

### NDIS Guides for Physicians and Paediatricians (by RACP)

The rollout of the National Disability Insurance Scheme (NDIS) across Australia changed the disability interface with existing sectors, including health. The RACP's NDIS Guides are a resource for physicians, paediatricians and other health professionals to access practical information that can help them navigate the scheme, and support their patients.

Website: [www.racp.edu.au/fellows/resources/ndis-guide-for-physicians](http://www.racp.edu.au/fellows/resources/ndis-guide-for-physicians)

# GENDER DIVERSITY

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## GENDER DIVERSITY SERVICES

### Bfriend

A free and confidential service for people newly identifying as LGBTIQ+, those questioning their sexuality, gender identity or intersex variations, and also support for friends and families.

Where: All suburbs in the greater Adelaide metropolitan area

Phone: 08 8202 5190

Email: [bfriend@unitingcommunities.org](mailto:bfriend@unitingcommunities.org)

Facebook: [www.facebook.com/BfriendUC](http://www.facebook.com/BfriendUC)

### Rainbow Directory SA

The Rainbow Directory SA includes services, organisations, groups and activities that are for, or inclusive of, LGBTIQ+ communities.

Website: [www.rainbowdirectorysa.com.au](http://www.rainbowdirectorysa.com.au)

### Southern Fleurieu Q+

A social group where gender and sexually diverse people and allies up to 25 years of age meet every three weeks.

Where: Southern Fleurieu

Facebook: [www.facebook.com/SFQPlus](http://www.facebook.com/SFQPlus)

### Southern Youth Rainbow Space

A safe, social drop in space for young queer people aged 15-25 years. Thursday fortnightly 5pm-8pm (first and third week of each month).

Where: Wardli Centre, 13 McKinna Rd, Christie Downs

Email: [skylight@skylight.org.au](mailto:skylight@skylight.org.au)

Instagram: [www.instagram.com/southernyouthrainbowspace](http://www.instagram.com/southernyouthrainbowspace)

# GENDER DIVERSITY

## Transcend Families SA Support Group

A safe and welcoming face to face and online peer support network for the parents/carers of trans, gender diverse and non-binary children, adolescents and young people (parents of adult children welcome).

Facebook: [www.facebook.com/transcendsupport1](https://www.facebook.com/transcendsupport1)

## Trans Health South Australia

Trans Health South Australia offers the South Australian gender diverse community a resource operated, and influenced, by the community.

Trans Health SA hosts the SA Practitioners' List as well as resources for the community to seek support and social engagement.

Website: [www.transhealthsa.com](http://www.transhealthsa.com)

## You Space (by Headspace)

A group program for young people aged 12-17 years who identify as gender questioning, gender diverse and transgender. A safe space to build resilience, develop new skills and get peer support.

Where: Headspace Port Adelaide –  
78-80 St Vincent Street, Port Adelaide

Phone: 08 8215 6340

Email: [headspaceportadelaide@centacare.org.au](mailto:headspaceportadelaide@centacare.org.au)

## GENDER DIVERSITY RESOURCES

### Australian Standards of Care and Treatment Guidelines for Trans and Gender Diverse Children and Adolescents

These treatment standards from the Royal Children's Hospital in Melbourne are endorsed by the Australian Professional Association for Transgender Health (formerly ANZPATH).

Website: [www.rch.org.au/adolescent-medicine/gender-service](http://www.rch.org.au/adolescent-medicine/gender-service)

### First Port of Call - Supporting the South Australian health care system to better meet the needs of trans and gender diverse children and young people

A report from the SA Commissioner for Children and Young People on how health services, health professionals and the health system can better meet the needs of trans and gender diverse children and young people.

Download: <https://www.cyp.com.au/wp-content/uploads/2022/01/First-Port-of-Call-Supporting-South-Australias-health-care-system-to-better-meet-the-needs-of-trans-and-gender-diverse-children-and-young-people.pdf>

### Parents of Gender Diverse Children

Parents of Gender Diverse Children provides peer support to parents and those parenting trans and gender diverse children.

Website: [www.pgdc.org.au](http://www.pgdc.org.au)

### South Australian Rainbow Advocacy Alliance (SARAA)

The South Australian Rainbow Advocacy Alliance (SARAA) is a volunteer organisation formed by a group of passionate advocates for the rights of LGBTIQ+ people. SARAA volunteers have a wide of lived experience of queerness, gender, and background.

Website: [www.saraa.org.au](http://www.saraa.org.au)

# GENERAL HEALTH

## GENERAL HEALTH SERVICES

### Aboriginal Health Services

See earlier entry for Aboriginal Health Services.

### Child and Family Health Services

The Women's and Children's Health Network (WCHN) provides a range of services and programs for parents, children and young people in South Australia. All child and family health services are free and statewide. They are provided by qualified nurses, medical staff, social workers, physiotherapists and Aboriginal Cultural Consultants.

Website: [www.cyh.com](http://www.cyh.com)

### Child Development Unit (CDU)

The Women's and Children's Hospital Child Development Unit (CDU) is a Developmental Assessment Service for children with complex developmental concerns in three or more areas.

Website: [www.wch.sa.gov.au/services/az/other/allied/childdev](http://www.wch.sa.gov.au/services/az/other/allied/childdev)

### Metropolitan Youth Health Services

Metropolitan Youth Health Services within the Women's and Children's Health Network provides free, confidential services for young people aged 12-25 years across metropolitan Adelaide, with a focus on young people under 18 years.

Metropolitan Youth Health Services are tailored to young people who are currently or previously under the Guardianship of the Minister, Aboriginal and/or Torres Strait Islander, young pregnant and/or parenting women and their partners, refugees, not able to live at home, same sex attracted and/or gender diverse, in the Adelaide Youth Training Centre.

Website: [www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/health+services+for/youth+health+services/youth+health+services](http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/health+services+for/youth+health+services/youth+health+services)

### Multicultural Youth SA

A leading community-based, not-for-profit organisation that provides a diverse range of services and programs to support multicultural young people and young families living in South Australia.

Website: [www.mysa.com.au](http://www.mysa.com.au)

## GENERAL HEALTH RESOURCES

### AHPRA Code of Good Medical Practice

The Australian Health Practitioner Regulation Agency (AHPRA) Code of Good Medical Practice includes a section relating to children and young people (4.6), as well as other references. The Board's Guidelines for registered medical practitioners who perform cosmetic medical and surgical procedures also lists additional requirements for cosmetic medical and surgical procedures for patients under the age of 18.

Website: [www.medicalboard.gov.au/codes-guidelines-policies/code-of-conduct.aspx](http://www.medicalboard.gov.au/codes-guidelines-policies/code-of-conduct.aspx)

### Australasian Society of Clinical Immunology and Allergy

The Australasian Society of Clinical Immunology and Allergy has a directory of SA practitioners and also provides clinical updates, action/treatment plans, and a range of other resources for health professionals.

Website: [www.allergy.org.au](http://www.allergy.org.au)

### Australian Clinical Practice Guidelines

The Clinical Practice Guidelines Portal provides access to clinical practice guidelines produced for Australian practice that have been assessed against selection criteria modified from the United States' National Guidelines Clearinghouse, and adapted to the Australian context.

Website: [www.clinicalguidelines.gov.au](http://www.clinicalguidelines.gov.au)

# GENERAL HEALTH

## Australian Dietary Guidelines

The Australian Dietary Guidelines provide advice on eating for health and wellbeing.

Website: [www.eatforhealth.gov.au](http://www.eatforhealth.gov.au)

## Australian Medicines Handbook (AMH)

### Children's Dosing Companion

The AMH Children's Dosing Companion is Australia's national independent dosing guide for prescribing and administering medicines to children from birth to 18 years.

Website: [shop.amh.net.au](http://shop.amh.net.au)

## Australia's Physical Activity and Sedentary Behaviour Guidelines and the Australian 24-Hour Movement Guidelines

This webpage contains Australia's Physical Activity and Sedentary Behaviour Guidelines for adults and older Australians; and the Australian 24-Hour Movement Guidelines for the Early Years, and the Australian 24-Hour Movement Guidelines for Children and Young People, including links to brochures and other resources.

Website: <https://www.health.gov.au/health-topics/physical-activity-and-exercise/physical-activity-and-exercise-guidelines-for-all-australians>

## A-Z of Skin

The A to Z of Skin information has been developed to help practitioners understand more about common skin conditions and problems, and how these may be treated. It is a resource from the Australian College of Dermatologists.

Website: [www.dermcoll.edu.au/a-to-z-of-skin](http://www.dermcoll.edu.au/a-to-z-of-skin)

## Be Health Aware

Be Health Aware is a portal to evidence-based information and resources that act as a guide to the health care choices we need to make, whether in relation to a particular disease, treatment, service or policy.

Website: [www.chf.org.au/be-health-aware](http://www.chf.org.au/be-health-aware)

## Dermatology Patient Support Group

The Australasian College of Dermatologists understands that skin conditions are not just skin deep but can have an emotional, physical and mental impact. Patient Support Groups in Australia provide practical and emotional support to help people, their carers and their families cope with their chronic skin conditions.

Website: [www.dermcoll.edu.au/for-community/find-support-group](http://www.dermcoll.edu.au/for-community/find-support-group)

## Electronic Therapeutic Guidelines (eTG complete)

eTG complete is a leading source of independent, evidence-based, practical treatment advice published by Therapeutic Guidelines for Australian clinicians. eTG complete includes therapeutic advice to assist practitioners with decision making at the point of care to ensure their patients receive optimum treatment. eTG complete is recognised as providing an authoritative voice for therapy and treatment advice in every state and territory health service.

A 12 month subscription for a single user costs \$378.

Website: <https://tgldcdp.tg.org.au/etgcomplete>

## Emergency Drugs for Children

A list of paediatric emergency drugs and their dosages can be found in the Royal Children's Hospital Melbourne Clinical Practice Guidelines – Emergency drug doses.

Website: [www.rch.org.au/clinicalguide/guideline\\_index/Emergency\\_Drug\\_Doses](http://www.rch.org.au/clinicalguide/guideline_index/Emergency_Drug_Doses)

## Experience Based Co-design Toolkit

Experience based co-design offers a methodology that brings health workers and consumers together in an authentic and equal partnership that can co-design care to deliver an improved experience. In doing so, the approach can not only improve the experience of patients but also that of health practitioners. The combined benefit is an overall improvement in the quality of care provided.

Website: [www.chf.org.au/experience-based-co-design-toolkit](http://www.chf.org.au/experience-based-co-design-toolkit)



### HealthPathways

HealthPathways South Australia (HPSA) is a partnership between SA Health, Adelaide Primary Health Network and Country SA Primary Health Network. It provides information and guidelines for general practitioners and other health professionals to support the consistent management of patients in the community. The pathways provide information primarily for GPs but also specialists and other health professionals about available community services and, when required, details on referring patients to SA Health for care.

Website: [www.southaustralia.communityhealthpathways.org](http://www.southaustralia.communityhealthpathways.org)

### Health Translations

Health Translations provides direct links to reliable translated health and wellbeing resources produced in Australia.

Website: [www.healthtranslations.vic.gov.au](http://www.healthtranslations.vic.gov.au)

### Healthy Eating Guidelines

A framework through which schools and preschools can promote learning, health and wellbeing in relation to food and nutrition.

Website: [www.eatforhealth.gov.au/guidelines/australian-guide-healthy-eating](http://www.eatforhealth.gov.au/guidelines/australian-guide-healthy-eating)

### Inclusive Language

The Australian Government Style Manual includes guidance on how to create materials for patients using inclusive language.

Website: [www.stylemanual.gov.au/format-writing-and-structure/inclusive-language](http://www.stylemanual.gov.au/format-writing-and-structure/inclusive-language)

### Open your World - Wellbeing SA

Wellbeing SA's Open your World website provides a range of information about ways to adopt a healthier lifestyle that fosters wellbeing.

Website: [www.openyourworld.sa.gov.au](http://www.openyourworld.sa.gov.au)

### Paediatric Skin Conditions Factsheets and Position Statement

The Australian College of Dermatologists position statements and fact sheets promote and reflect the views of the College and its Fellows for the purposes of advocacy, education and communication. Position statements address topics that impact College members, health professionals, patients and the community – from guidance and recommendations on dermatology best practice, to information and fact sheets on skin health issues and services for patients, their carers and the community.

Website: [www.dermcoll.edu.au/about/position-statements](http://www.dermcoll.edu.au/about/position-statements)

### Royal Australian College of General Practitioners (RACGP)

The RACGP website includes a range of position statements, practice information and guidelines relating to the care and treatment of children and young people, including its Standards for General Practice and the 'Red Book' – Guidelines for Preventive Activities in General Practice.

Website: [www.racgp.org.au](http://www.racgp.org.au)

### SA Health – Practice Guidelines

A web page that provides easy access to the Perinatal Practice Guidelines, Neonatal Medication Guidelines, and Paediatric Clinical Guidelines.

Website: [www.extapps2.sahealth.sa.gov.au/PracticeGuidelines](http://www.extapps2.sahealth.sa.gov.au/PracticeGuidelines)

### SA Paediatric Clinical Practice Guidelines

The SA Paediatric Clinical Practice Guidelines are designed to assist clinicians with decisions about appropriate health care for children and young people aged 0-18 years, not including management of neonatal conditions.

Website: [www.sahealth.sa.gov.au/paediatric](http://www.sahealth.sa.gov.au/paediatric)

## GENERAL HEALTH

### Transition to Adult Health Services for Adolescents With Chronic Conditions

The aim of successful transition of young people to adult health services is to optimise both their health and their ability to adapt to adult roles. While this process is not the same for all young people, a set of principles underpin a successful transition process. These are based on the notions of flexibility, responsiveness, continuity, comprehensiveness, and coordination.

Download: [https://www.racp.edu.au//docs/default-source/advocacy-library/transition-to-adult-health-services-for-adolescents-with-chronic-conditions.pdf?sfvrsn=35aa2f1a\\_10](https://www.racp.edu.au//docs/default-source/advocacy-library/transition-to-adult-health-services-for-adolescents-with-chronic-conditions.pdf?sfvrsn=35aa2f1a_10)

## MENTAL HEALTH

### MENTAL HEALTH SERVICES

#### Beyond Blue

Provides information and support to help people achieve their best possible mental health.

Website: [www.beyondblue.org.au](http://www.beyondblue.org.au)

#### Child and Adolescent Mental Health Service (CAMHS)

This is a free, community-based service providing direct care for those with moderate to severe and complex emotional, behavioural or mental health difficulties, across South Australia.

Contact: 1300 222 647 CAMHS Connect line

Website: [www.wch.sa.gov.au/services/az/divisions/mentalhealth](http://www.wch.sa.gov.au/services/az/divisions/mentalhealth)

#### eheadspace

eheadspace is part of headspace, Australia's National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds. eheadspace provides confidential free online and telephone support and counselling to young people in this age group and their families and friends. eheadspace clinicians are experienced youth mental health professionals, social workers, mental health nurses, psychologists and occupational therapists.

Phone: 1800 650 890 (free call)

Website: [www.eheadspace.org.au](http://www.eheadspace.org.au)

#### Headspace

headspace centres act as a one-stop shop for young people who need help with mental health, physical health (including sexual health), alcohol and other drugs, or work and study support.

Their 100+ centres across Australia are designed not just for young people, but with them, to ensure they are relevant, accessible and highly effective.

At the heart of headspace centres is ensuring young people can access expert health workers in a safe, confidential and youth-friendly environment. Centres' services are free (or low cost). Clinical mental health professionals are available to provide support, treatment and management plans for a variety of mental health concerns.

Website: [www.headspace.org.au](http://www.headspace.org.au)

### **Kids Helpline**

Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25.

Qualified counsellors at Kids Helpline are available via WebChat, phone or email anytime and for any reason.

Website: [www.kidshelpline.com.au](http://www.kidshelpline.com.au)

### **ReachOut**

ReachOut is the most accessed online mental health service for young people and their parents in Australia.

Their trusted self-help information, peer-support program and referral tools save lives by helping young people be well and stay well. The information they offer parents makes it easier for them to help their teenagers too.

Website: [www.reachout.com](http://www.reachout.com)

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## **MENTAL HEALTH RESOURCES**

### **Australian Child and Adolescent Trauma, Loss and Grief Network**

Information and resources for people caring for children and young people who might have experienced trauma, loss or grief.

Website: [www.earlytraumagrief.anu.edu.au](http://www.earlytraumagrief.anu.edu.au)

### **Butterfly Foundation**

A foundation supporting all people who experience issues around eating disorders and who have trouble with their body image. The website explains eating disorders, has links to workshops, support groups and programs for both young people and their carers.

Website: [www.butterfly.org.au](http://www.butterfly.org.au)

### **Children of Parents with a Mental Illness (COPMI)**

COPMI is a national government-funded initiative which provides information for children and young people, professionals, parents, family and friends.

Website: [www.copmi.net.au](http://www.copmi.net.au)

### **Emerging Minds**

Emerging Minds is dedicated to advancing the mental health and emotional wellbeing of Australian infants, children, adolescents and their families. It provides resources and guidelines for health professionals and organisations, including information on engaging with and helping children and young people.

Website: [www.emergingminds.com.au](http://www.emergingminds.com.au)

### **Head to Health**

A website helping people find resources around mental health issues. It has information on mental health issues, and advice for helping someone to look after themselves or someone else.

Website: [www.headtohealth.gov.au](http://www.headtohealth.gov.au)

### **Mental Health Coalition of SA Services Directory**

The directory covers a range of non-clinical support services from psycho-social to community programs operating throughout South Australia.

Website: [www.mhcsa.org.au/mhcsa-services-directory](http://www.mhcsa.org.au/mhcsa-services-directory)

## MENTAL HEALTH

### **The role of paediatricians in the provision of mental health services to children and young people - Royal Australasian College of Physicians (RACP) Position Statement**

The role of paediatricians in the provision of mental health services to children and young people position statement was developed by a working group of the Paediatrics and Child Health Division. The Position Statement highlights the role paediatricians play in combatting the significant mental health burden carried by Australia and New Zealand's children and young people. It also emphasises the importance of paediatricians working with other mental health professionals, such as child and adolescent psychiatrists, to improve strategic planning of mental health services.

Website: [https://www.racp.edu.au//docs/default-source/advocacy-library/racp---the-role-of-paediatricians-in-the-provision-of-mental-health-services-to-children-and-young-people.pdf?sfvrsn=ae361a\\_8](https://www.racp.edu.au//docs/default-source/advocacy-library/racp---the-role-of-paediatricians-in-the-provision-of-mental-health-services-to-children-and-young-people.pdf?sfvrsn=ae361a_8)

### **Your Health in Mind – Royal Australian and New Zealand College of Psychiatrists (RANZCP)**

The RANZCP has a range of practice guidelines and position statements on its website in relation to children and young people, and mental health, as well as a directory of psychiatrists searchable by age group at its Your Health In Mind site, which also includes a range of patient information.

Website: [www.yourhealthinmind.org](http://www.yourhealthinmind.org)

## PARENTING ADVICE

### **PARENTING ADVICE SERVICES**

#### **eSafety Commissioner**

The eSafety Commissioner has a range of information and resources for young people to help them stay safe online. The Office of the eSafety Commissioner also protects Australian children when they experience cyberbullying by administering a complaints scheme, and by dealing with complaints about prohibited online content.

Website: [www.esafety.gov.au/young-people](http://www.esafety.gov.au/young-people)

#### **South Australian Parent Helpline – 1300 364 100**

The South Australian Parent Helpline is a seven-day, 24-hour telephone information counselling service for a parent, step-parent, grandparent, guardian or carer of an Australian child or young person between the age of 5 and 25 years. Qualified counsellors take your call and assist you with proven strategies and techniques. All calls are confidential and you can ask to speak with the same counsellor for ongoing support. You can also request an interpreter if one is needed and either a male or female counsellor. Parent Helpline also offers a range of resources, including training accessed over-the-phone as well as a range of free downloadable content.

Website: [www.cyh.com/SubContent.aspx?p=102](http://www.cyh.com/SubContent.aspx?p=102)

#### **Stay Smart Online**

Stay Smart Online is the Australian government's cyber security website, providing information on steps users can take to protect themselves online.

Website: [www.cyber.gov.au](http://www.cyber.gov.au)

## PARENTING ADVICE RESOURCES

### Early Childhood: Importance of Early Years Position Statement

This position statement highlights policy priorities that are vital to improving early childhood development in Australia and New Zealand. It can assist policymakers and health professionals working with children and families with the development of local and national policies, programmes and interventions that focus on early child development to protect and promote healthy life-course trajectories.

Download: [https://www.racp.edu.au//docs/default-source/advocacy-library/early-childhood-importance-of-early-years-position-statement.pdf?sfvrsn=e54191a\\_4](https://www.racp.edu.au//docs/default-source/advocacy-library/early-childhood-importance-of-early-years-position-statement.pdf?sfvrsn=e54191a_4)

### Kids' Health - Health Direct

Healthdirect Australia is a national, government-owned not-for-profit organisation. It supports Australians in managing their own health and wellbeing through a range of multichannel health information and advice services including a section specific to children and young people.

Healthdirect publishes thousands of links to resources and health content across its website. This content is either sourced from leading Australian health organisations assessed for the clinical quality of their information, or it is written by health professionals. Healthdirect also has a freecall health advice line available 24 hours a day, 7 days a week.

Phone: 1800 022 222

Website: [www.healthdirect.gov.au/kids-health](http://www.healthdirect.gov.au/kids-health)

### Online Safety

Online Safety is an online publication by the Australian Institute of Family Studies, which details resources available for parents on online safety.

Website: [www.aifs.gov.au/cfca/publications/online-safety](http://www.aifs.gov.au/cfca/publications/online-safety)

### Nature Play SA

Nature Play SA is not-for-profit organisation dedicated to getting more children outside playing in nature: in their backyards, local parks and wilder places, like National Parks. It provides a range of ideas and resources.

Website: [www.natureplaysa.org.au](http://www.natureplaysa.org.au)

### Parenting SA

Parenting SA is a partnership between the Department of Human Services and the Women's and Children's Health Network to provide free information on raising children for parents, carers and guardians. A wide range of parenting resources are available on topics including raising babies, toddlers, children and young people from birth to 18 years. There are also guides specially developed for Aboriginal and Torres Strait Islander and multicultural families.

Website: [www.parenting.sa.gov.au](http://www.parenting.sa.gov.au)

### Raising Children Network

Provides up-to-date, evidence-based, scientifically validated information about raising children and caring for yourself as a parent or carer. Information is gathered and translated into everyday language with plenty of real-life examples.

Based on the evidence, they describe and explain various parenting methods and options and let people choose for themselves, depending on what suits their circumstances. They give people tools and practical ideas to apply in their own situations.

Website: [www.raisingchildren.net.au](http://www.raisingchildren.net.au)

# SEXUAL HEALTH

## SEXUAL HEALTH SERVICES

### 1800 Respect – 1800 737 732

Support is available for people experiencing violence and abuse.

Website: [www.1800respect.org.au](http://www.1800respect.org.au)

### My Place

My Place is a collaborative program with Yarrow Place and Metropolitan Youth Health to provide specialist therapeutic and health services to young people under guardianship or who have left guardianship and are under 25 years of age, who have been identified as being at risk of a pregnancy that could result in the removal of a child, or who have had a child or children removed into the care system previously. The aim of the program is to reduce the number of early pregnancies, removals, grief and loss, and the resulting impact of trauma on the young person and their children.

Website: [www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/primary+and+specialised+services/sexual+health+services/yarrow+place/our+services](http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/primary+and+specialised+services/sexual+health+services/yarrow+place/our+services)

### Pregnancy Advisory Centre

The Pregnancy Advisory Centre provides high quality care for pregnant girls and women with or without partners in relation to an unplanned pregnancy. It is a pro-choice and person centred service. This means it upholds a pregnant person's right to decide when and how they will control their fertility and treats all people with respect. The Centre welcomes partners and other people who are important to the person who is pregnant and will affirm women's rights, experiences and feelings. Counselling is voluntary, and available to those who feel they would find this helpful. The South Australian Abortion & Support Services website pages provide comprehensive information for women, partners, support people and health professionals about abortion in South Australia and clients are encouraged to look through this website before attending for an appointment.

Phone: (08) 8243 3999

SA Country callers free call: 1800 672 966.

Website: [www.sahealth.sa.gov.au/abortionssupportservices](http://www.sahealth.sa.gov.au/abortionssupportservices)

### Relationships Australia

Relationships Australia is a leading provider of relationship support services for individuals, families and communities. They aim to support all people in Australia to achieve positive and respectful relationships. They offer services around the country that include counselling, family dispute resolution (mediation) and a range of family and community support and education programs.

Website: [www.relationships.org.au](http://www.relationships.org.au)

### South Australian Abortion and Support Services

The South Australian Abortion and Support Services website provides comprehensive information for women, partners, support people and health professionals about abortion in South Australia.

Website: <https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/health+services+for/womens+health+services/unplanned+pregnancy+services/south+australia+abortion+and+support+services>

### Shine SA

SHINE SA's service and education delivery model works to provide sexual health education, early intervention, health promotion, clinical services and therapeutic counselling. It provides nurse-led and medical clinical assessment, treatment and counselling services. Drop-in clinics provide free responsive access to young people under the age of 30.

Website: [www.shinesa.org.au](http://www.shinesa.org.au)

### Yarrow Place Rape and Sexual Assault Service

Yarrow Place provides a free and confidential service for those over the age of 16 years who have been sexually assaulted. Services include a 24-Hour Crisis Response Service for recent sexual assault—social worker support, medical care by a doctor or nurse, and advice for those considering legal action.

Contact: 1800 817 421

Website: [Women's and Children's Health Network • Yarrow Place Rape and Sexual Assault Service \(wchn.sa.gov.au\)](http://www.womenandchildrenshealthnetwork.org.au/yarrow-place-rape-and-sexual-assault-service)

### **Yarrow Place - Intensive Therapeutic Care Program - Guardianship Youth**

This is a partnership model with the Department of Child Protection providing a targeted service for young people identified as having absconding behaviours and/or at risk of sexual exploitation. It also provides training on working with vulnerable adolescents who are experiencing developmental trauma and sexual violence, and is also suitable for doctors.

Website: [www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/primary+and+specialised+services/sexual+health+services/yarrow+place/our+services/intensive+therapeutic+care+program+for+young+people+at+risk+of+sexual+exploitation](http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/primary+and+specialised+services/sexual+health+services/yarrow+place/our+services/intensive+therapeutic+care+program+for+young+people+at+risk+of+sexual+exploitation)

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## **SEXUAL HEALTH RESOURCES**

### **Australian STI Management Guidelines**

The Australian STI Management Guidelines are developed under the aegis of Australian Sexual Health Alliance (ASHA).

The Guidelines are an online resource for primary care health professionals and provide concise information to support the prevention, testing, diagnosis, management and treatment of STIs.

Website: [www.sti.guidelines.org.au](http://www.sti.guidelines.org.au)

### **Sex Education in SA – What young people need to know for sexual health and safety**

This report was produced by the Commissioner for Children and Young People SA in 2021 following consultation with more than 1200 young people through two surveys asking their opinions on the quality, appropriateness, accessibility and timeliness of the relationships and sex education they receive at school. The report outlines the shortfalls and makes recommendations for change.

Website: [www.cyp.com.au/wp-content/uploads/2022/01/Sex-Education-in-South-Australia.pdf](http://www.cyp.com.au/wp-content/uploads/2022/01/Sex-Education-in-South-Australia.pdf)

### **Sexual and Reproductive Health Care for Young People**

This position paper prepared by the Royal Australasian College of Physicians (RACP) addresses the importance of sexuality and relationships education, and sexual and reproductive health care, for young people (adolescents and young adults between 12 and 24 years of age) in Australia and New Zealand.

Website: [https://www.racp.edu.au/docs/default-source/advocacy-library/pa-ps-sexual-and-reproductive-health-care-for-young-people.pdf?sfvrsn=c18e331a\\_8](https://www.racp.edu.au/docs/default-source/advocacy-library/pa-ps-sexual-and-reproductive-health-care-for-young-people.pdf?sfvrsn=c18e331a_8)

### **Young Deadly Free**

The South Australian Health and Medical Research Institute (SAHMRI) has been funded by the Commonwealth Department of Health to develop and deliver two complementary and linked projects which aim to quickly increase STI and BBV testing and treatment rates for young people in remote and very remote Aboriginal and Torres Strait Islander communities.

Website: [www.youngdeadlyfree.org.au](http://www.youngdeadlyfree.org.au)

## VOLUNTEERING

### VOLUNTEERING SERVICES

#### Volunteering SA

Volunteering SA provides information on volunteering opportunities, including for young people. Further information is also available on the Department for Education website

Website: [www.volunteering-sa-nt.org.au/volunteers/find-volunteering-positions](http://www.volunteering-sa-nt.org.au/volunteers/find-volunteering-positions)

## YOUNG CARERS

### YOUNG CARERS SERVICES

#### Carers SA

Carers SA provides information, support and referrals to young carers, including counselling and opportunities to connect with other young carers.

Contact: 1800 422 737

Website: [www.carerssa.com.au/how-can-we-help/are-you-a-carer/young-carers](http://www.carerssa.com.au/how-can-we-help/are-you-a-carer/young-carers)

## YOUTH HOMELESSNESS

### YOUTH HOMELESSNESS SERVICES

#### Homeless Connect SA

Uniting Communities and Helping Young People Achieve (HYPA) form Homeless Connect SA, a 24/7 state-wide telephone service for anyone experiencing homelessness in South Australia. Available anytime as a free call to help you find information and a direct referral into homelessness services.

Contact: 1800 003 308 (24/7 Service)

Website: [www.homelessconnectsa.org](http://www.homelessconnectsa.org)

#### HYPA Housing

Helping Young People Achieve (HYPA) Housing is operated by SYC and offers young people aged 17-25 years who are experiencing or at-risk of homelessness a safe and affordable mid-term housing option while they work towards moving into independent housing. The HYPA Housing model also offers extra support to help tenants develop independent living skills, from learning how to budget to managing their relationships with peers and neighbours. Community Coordinators and Youth Workers are available to work with tenants to improve their situation and to help them successfully find a longer term place to live.

Website: [www.syc.net.au/home/homelessness/hypa-housing](http://www.syc.net.au/home/homelessness/hypa-housing)

#### Junction Australia

Junction Australia is a social enterprise providing a wide range of community support services and quality housing options to South Australians across a number of urban and regional areas.

Website: [www.junctionaustralia.org.au](http://www.junctionaustralia.org.au)



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## YOUTH SUICIDE

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### Keeping my Place

Keeping my Place provides early intervention and support to young people who are living in private rental, but at risk of losing their home as a result of personal or financial crisis.

Operated by St John's Youth Services, the Keeping my Place team respond to the immediate needs expressed by young people at risk of eviction and homelessness. The approach taken encourages young people's participation to cut through to the core issues preventing them from succeeding, enabling a response that is individualised and tailored to their needs.

Website: [www.stjohnsyouthservices.org.au/services/keeping-my-place](http://www.stjohnsyouthservices.org.au/services/keeping-my-place)

### Trace-A-Place

Trace-A-Place is a specialist youth homelessness service that helps young people access crisis accommodation and wrap around supports. Operated by the Service to Youth Council (SYC) it aims to bring together important services, expertise and immediate supports for young people experiencing homelessness or housing insecurity.

Website: [www.syc.net.au/home/homelessness/trace-a-place](http://www.syc.net.au/home/homelessness/trace-a-place)

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### YOUTH HOMELESSNESS OTHER RESOURCES

#### Pickle Mobile Phone App

PICKLE is a mobile phone app and website designed to assist young people who are experiencing homelessness or who are at risk of homelessness to find help and support. It is particularly helpful in connecting young people with a human services worker as quickly as possible.

Website: [www.pickle.org.au](http://www.pickle.org.au) or download the App

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### YOUTH SUICIDE SERVICES

#### Suicide Call Back Service – 1300 659 467

A free 24/7 counselling service for suicide prevention and mental health via telephone, online and video for anyone affected by suicidal thoughts.

Website: [www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

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### YOUTH SUICIDE RESOURCES

#### Life in Mind




Life in Mind is a national gateway connecting Australian suicide prevention services to each other and the community.

Website: [www.lifeinmind.org.au](http://www.lifeinmind.org.au)

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