

# Message to the Commissioner Postcard Project

## Instructions for Teachers

Commissioner for  
Children & Young People  
October 2019

Draw a picture for Helen here when you're done.

Please circle your age

I am 8 9 10 11 12 other years old.

I go to ... School.

Write your School's name

I like to

I want to

I worry about

If I were the boss of South Australia, I would...

Helen Connolly  
(The Commissioner)

Who are you and what do you care about?  
Helen, The Commissioner for Children and Young People, wants to know!  
Please flip the postcard over and answer a few questions.

Commissioner for Children & Young People

Finished already?  
Flip the page and draw!

Thank you for your answers! We'll post.

## Distribute

Distribute the postcards to students at your school aged 8-12 years and ask them to answer the six questions it contains. There is also an option to add an illustration.

## Privacy

Please let your students know that their responses are anonymous and that they do not need to share their answers. To encourage a diversity of original responses, please ask your students to keep their responses private and suggest that they keep their completed postcards facedown until you collect them.

## Return your postcards to the CCYP

Return the cards to the Commissioner by using the self-addressed envelope provided in your school's project pack. Completed postcards need to be returned by Friday 13 December (end of Term 4) via the Department for Education courier system.

## Extra copies

If you would like more than 50 students at your school to participate, you can download a copy of the postcard artwork from the Commissioner's website at the following page address: <http://ccypsa.com.au/tellhelen>

## Accessibility

Any student aged 8-12 years in your class who would like to take part, but who is unable to write their answers themselves, can ask you to assist. If this is the case, we ask that you please mark the card 'ADULT ASSISTED' and the reason for this extra support, so that we can allow for this differentiation in the statistical analysis.

Below is an example of the kind of wording that could be included in your school newsletter to advise parents and carers about the Message to the Commissioner (Tell Helen) Postcard Project for students aged 8 – 12 years.

Alternatively a digital version of the e-notice below is available for download from [www.ccypsa.com.au/tellhelen](http://www.ccypsa.com.au/tellhelen) for direct insertion.

Example wording for newsletter:



### **Tell Helen Postcard Campaign**

Many of our students aged 8-12 years are directly supporting the important work of South Australia's Commissioner for Children and Young People, Helen Connolly as active participants of her 'Message to the Commissioner' (Tell Helen) Postcard Project.

The project is helping the Commissioner to gain a clearer understanding of what is important to students aged 8 - 12 years. She is asking this under-represented group of children and young people to respond to six simple questions including what they would do if they were the boss of South Australia. All responses are anonymous. No personal information is being collected. The Commissioner will use our Student's responses to inform her work to make South Australia a great place for children and young people.

Learn more about the 'Message to the Commissioner' (Tell Helen) Postcard Project at [www.ccypsa.com.au/tellhelen](http://www.ccypsa.com.au/tellhelen)